



[Concert Chick](#)

May 3, 2012. Former SunFest President and founder of Concert Chick, Denise Marie Nieman, is rocking the world with her new book *Rock the World Rehab!* For a limited time, in honor of SunFest's 30th anniversary, an electronic version of book can be downloaded for \$3 through www.smas.hwords.com enter code: **SA54B**, all formats available...Kindle, Nook, iTunes!

“Rock the World Rehab: A 4-step ‘Get Red Carpet Ready’ Body+Mind+Heart+Soul Detox Adventure” (ISBN 1461063647), a self-help guide by Denise Marie Nieman, offers female readers a detoxification plan for comprehensive rejuvenation and self-improvement.

Nieman, a high-level government attorney with a Ph.D. in natural health, has put together a step-by-step program designed to enable the shedding of readers’ pounds and worries all the while affirming their positive value. In 11 easy-to-read chapters, readers are introduced to the program’s philosophy, encouraged to make an attitude adjustment and led through the four basic steps – intervention, preparation, detoxification and celebration. With chapters on the program menu, play, inner and outer bling, coping with mopes + dopes, maintaining a positive outlook and much more, the book presents Nieman’s suggestions for attaining a rockin’ body, a joyful heart, a brilliant mind and a sparkly soul.

“My program helps girls of all ages release what weighs them down and dims their authentic light– be it body pounds, stuff clutter, negative people, or a bad attitude,” says Nieman. “It’s a comprehensive, all inclusive plan to lighten one’s life on every level.”

The book ties in to Nieman’s Concert Chick Productions, an outlet encouraging girls to live in harmony with their bodies, minds, hearts and souls, highlighting the importance of being yourself, following your bliss and doing what’s right. Written in a conversational, direct and encouraging tone, “Rock the World Rehab” is intended to engage and inspire.

“Rock the World Rehab: A 4-step ‘Get Red Carpet Ready’ Body+Mind+Heart+Soul Detox Adventure” is available for sale online at Amazon.com and other channels.

About the Author: Denise Marie Nieman is a high-level government attorney in Palm Beach County, Fla. and the Chick in Charge of Concert Chick Productions, LLC, a biz that encourages girls to live a balanced, sparkly life. In addition to her law degree, Nieman holds a Ph.D. in natural health, using this knowledge and her natural instincts to help others strike a healthy balance in life.

www.concertchick.com

